



Accessibility Guide for Jessie Mac's Luxury Hostel

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Welcome

A small luxury hostel/ B&B hybrid, based in the Victorian village of Birnam in rural Perthshire, Scotland.

We are just 5 minutes walk from the local train station, 2 minutes walk to the nearest bus stop or a 15 minute walk to the neighbouring and larger village of Dunkeld. We are located on a flat, main street with free on-street parking outside the building and a disabled parking bay outside the church next door.

We offer 7 bedrooms, one of which is on the ground floor with private wheel chair access and en-suite shower. For breakfast, where possible, we use locally sourced ingredients and cater for varying dietary requirements.

At a Glance

Level Access

- The main entrance has 1 step. There is no lift and no ramp.
- There is level access from the main entrance to:
 - Dining Table

Access with steps

- There are steps from the main entrance to:
 - Bedroom
 - Dining room
 - guest lounge
 - Back yard

Bedrooms

- We have non-allergic bedding.
- We have a complimentary room policy for personal assistants.

Hearing

- The (bedroom) TVs have subtitles.
- Some staff have disability awareness training.

Visual

- The menu is in large print.

General

- Staff are available 24 hours a day.
- Some staff have disability awareness training.

- We have emergency evacuation procedures for disabled visitors.

Getting here

Murthly Terrace, Birnam, Perthshire, Scotland
Murthly Terrace
Biram by Dunkeld
Perth and Kinross
PH8 0BG



Travel by public transport

- You can get to Jessie Mac's Luxury Hostel by bus and train.
- The nearest bus stop is 200 metres from our front door. The bus stop is 0.10 miles / 322.0 km from Jessie Mac's Luxury Hostel.
- The nearest train station is Dunkeld and Birnam. The train station is 0.3 miles / 0.5 km from Jessie Mac's Luxury Hostel.
- BUS - Please ask the bus driver for the stop at Birnam Hotel. The nearest bus stop is 200 meters from Jessie Mac's. There are small shelters and seating. All buses can accommodate one wheelchair. The number 23 Stagecoach bus runs to and from Birnam to Perth or Aberfeldy approximately hourly. The M90 Citylink bus stops at the same place with services to Inverness, Edinburgh and Glasgow. Timetables may vary so please check.

TRAIN - The nearest railway station is Dunkeld and Birnam, which is 0.3 miles away (a 5-10 minute walk). Please note that this station has an unusually low platform and therefore it is a big step to get on or off a train. You will also need to climb a flight of steps if arriving on the northbound platform (platform 2). If walking from the station you will need to descend a shallow set of steps before taking the lane towards Birnam village.

- You can get a taxi with Lady Taxi Driver (Marion) by calling 07725 346 643.
- You can get a taxi with Dunkeld Taxis (Ian) by calling 07419 115 736.



Parking

- There is parking near the venue. Parking is free.
- There is a disabled parking space outside St Mary's Church which is the building next door. The parking space is 30 metres from the front door.

Arrival



Main entrance

- The main door is side hung and manual.
- The door is 1040mm wide.
- The main entrance has 1 steps.

- We have two front doors and both open right onto the street. The pavement outside is tarmac and can be a little uneven. The main front entrance has a step which is 130mm and the entrance width is 1040mm. There is no hand rail. There is then an inner door which is 1200mm wide and has no threshold. The bell is 1280mm above the ground. All of our doors are side hinged. There is rubber matting in this foyer area which can make it uneven and is easily moved in advance. Assistance can be given with luggage. There is a separate entrance door available direct from the street into the ground floor bedroom. The street outside is on a slight slope so the step ranges from 45mm to 75 mm high across its width. The door entrance is 1035mm wide and the base of the Yale lock is 940 mm above the ground.



Street entrance of the ground floor bedroom looking from inside to outside



Street entrance of ground floor bedroom from the street looking inside



Internal view of ground floor bedroom showing a double bed with a full sized single trundle bed below.



Wardrobe in ground floor bedroom with door open to show low level clothes hanging rail



Ground floor bathroom sink



Ground floor bathroom toilet with assistance rail lowered



Ground floor bathroom shower with flap seat lowered and showing two grab rails

Getting around inside

Bedrooms

- All bedrooms have windows.
- Bedrooms have ceiling lights, wall lights, bedside lamps, desk or table lamps and natural daylight.
- Lights are LED.TVs have subtitles.
- All bedrooms are non-smoking.
- We have non-allergic bedding.
- All bedrooms have fitted carpets.
- Wifi signal is strongest on the first floor with one room on the second floor having a very low signal.
- We can move the bedroom furniture, to improve accessibility.
- We have a complimentary room policy for personal assistants.
- No bedrooms have level access.The bedroom nearest the main entrance has 1steps steps.
- All bedrooms are ensuite.
- We have bathrooms with a bath and overhead shower.The shower has a handrail.
- Some toilets have handrails.
- The walls and the fittings have high colour contrast.



Ground floor bedroom showing double with with full sized trundle bed underneath



Ground floor wardrobe with second lower level clothes hanging rail



Ground floor bathroom sink



Ground floor bathroom toilet with lowered assistance rail



Ground floor bathroom shower showing flip seat lowered and two adjacent grab rails on shower wall

Lounge

guest lounge

- From the main entrance to the lounge, there are 22 steps. There is no lift and no ramp.
- The guest lounge is situated one floor above ground level and is reached by a flight of 9, 3 and 10 steps.

Place to eat and drink

Dining room

- From the main entrance to the dining area, there are 22mm steps. There is no lift and no ramp.
- To get to a table, there are no steps.
- The menu is offered in large print.
- If you need table service, staff can help you.
- There is background music sometimes.
- The table and plates have high colour contrast.
- We cater for sugar free (diabetic), vegetarian, gluten free (celiacs), lactose free (dairy free), nut free, low fat and vegan specific diets.
- DIETS - We are happy to cater for any diet and regularly have vegan, vegetarian and lactose free guests. Please contact us in advance as we live in a small village and may need to buy food in specially. We ask guests to fill in a menu by 9pm the night before so that we can have food freshly cooked for them in the morning. There is a choice of 5 main hot courses or an all you can eat, hearty buffet breakfast. Menu attached.
ACCESS - the dining room is on the first floor. There is a flight of steps to the first floor (9 steps, left turn, 3 steps, left turn, 10 steps) with a handrail on one side (left when going up). Each stair is 150mm high and 300mm deep. A seat is available on the first

floor landing and can be placed on half landings if required. For guests staying in the ground floor room that are unable to manage the stairs to the dining room, there is a folding table in their bedroom and we can bring breakfast down to them in their room.

We are a hybrid B&B/ hostel, so some guests can order a breakfast or can self cater, using a large dedicated kitchen. So in the dining room in the morning, some guests will be self catering and some will be served breakfast. We often have guests who are sensitive to noise or shy of mixing with strangers. They sometimes choose to eat in the large lounge, the kitchen or in their bedroom.

Breakfast at Jessie Mac's

Please circle the time you would like to have breakfast, your main choice and place this sheet on the table in the first floor hall by 10pm.

Please also let us know if you have any dietary requirements (e.g. gluten free, vegan, allergic to certain products) and we will do our very best to accommodate them. Thank you.

Day and Evening

Please circle the time you would like your breakfast:

8.00 8.45 9.30 9.45 9.00 9.15

COOKED BREAKFAST

Full Scottish Breakfast
Bacon, pork sausage, tomatoes, mushrooms, beans, egg and potato scones

Vegetarian Full Breakfast
Vegetarian (egg, sausage, mushrooms, tomatoes, beans and potato scones)

Continental Breakfast and Scrambled Eggs
served with wholemeal toast and juice

Scrambled Eggs with Bacon
served on wholemeal toast

Porridge
Traditional porridge served with wholemeal toast and honey

Alcohol
Full price fresh fruit, yoghurt, locally sourced milk/cream, toast & cereals are also available from the buffet. Fruit, tea, coffee and toast are served at the table.

or

CONTINENTAL BREAKFAST

Full price fresh fruit, yoghurt, locally sourced milk/cream, toast & cereals are also available from the buffet. Fruit, tea & coffee are served at the table.

Family name _____ Room _____

Our best promise
Most of Jessie Mac's are committed to serving local and regional products and produce. Our eggs are free range, organic & locally sourced. We always endeavour to buy Scottish meat & veg, wherever possible or provided by the Dundee District Council. Unfortunately often in season we use some frozen and produce.

Jessie Mac's menu

Getting around outside

Back yard

- From the main entrance to the area, there are 15 steps. There is no lift and no ramp.
- Although not available to guests as a garden, there is access to the courtyard at the rear of the house to the bike shed and drying room. Access from the house is via a set of steep and uneven external stone steps with a single handrail from the first floor. Caution should be exercised using these steps in wet or cold conditions as they may be slippery. We are happy to take guests' wet clothes to and from the drying room for them and if they arrive by bike, we can guide them around the back of the building using a private road to access the bike shed.

Customer care support

Accessibility equipment

- The nearest General Hospital with an A&E unit and walk in NHS is 14 miles away (Perth Royal Infirmary) the nearest Doctor's surgery is 0.5 mile away and the nearest

pharmacy 0.7 miles away in Dunkeld. Please let us know if you require further information about these.

- For a list of more items, please go to <https://www.pkavs.org.uk/Shopmobility-Perth-Scotland>.
- Beatrix Potter Garden is a small park around 200 meters from our front door.
- We don't know. But if you phone and describe any charging facilities required, we will do our best to find a solution.
- You can hire mobility equipment from Perth Shopmobility - Canal Street Car Park, 31 Canal Street, Perth, PH2 8LE. Telephone by calling 01738 783960.
- You can hire mobility equipment from Pitlochry Shopmobility by calling 01796 473866..

Emergency evacuation procedures

- We have a set of evacuation procedures – should you require it someone will come to your room and assist you with evacuation.

Customer care support

- Some staff have disability awareness training.
- Staff are available 24 hours a day.
- The manager does live on site but between 10pm and 6.30 am they are available only in case of emergencies, however their emergency contact number is available at all times.

Guide last updated: 3 April 2018